



SYDNEY ENT HEAD & NECK

NEWTOWN

Suite 7, 155 Missenden Rd NEWTOWN NSW 2042

CROWS NEST

Suite 211, 300 Pacific Highway CROWS NEST NSW 2065

MEDICATIONS RELATED TO SURGERY

All medications that you are currently taking should be discussed with your surgeon prior to surgery. There are 2 main classes of medication that are especially relevant

Blood thinning medication

- Any medication that you are taking that causes prolonged bleeding (blood thinners) must be discussed with your surgeon prior to your surgery.
- Some blood thinning medication **MUST BE STOPPED** prior to your surgery. The time required to stop this medication prior to surgery will depend on the medication, the indication for this medication, your procedure and risk of bleeding and advice from your GP or specialist. This may be up to 10 days before your procedure.
- There is a long list of blood thinning medication but they can be classified into
 - **Anti-platelet drugs** – ANY ASPIRIN (acetylsalicylic acid) medication, Clopidogrel (Plavix)
 - **Anti-coagulants** – Warfarin, Eliquis, Apixaban, Pradaxa, Xarelto

Diabetic and weight loss medication

- Some medication for diabetes and weight loss need to be stopped several days before surgery while others should be withheld only on the day of surgery.
- Forxiga, Qtern, Xigduo, Jardiance, Jardiamet and Glyxambi need to be stopped 3 days prior to surgery.
- Ozempic needs to be stopped for 7 days prior to surgery.
- Other diabetes medications (eg Metformin) can generally be withheld on the day of surgery but please contact us if you are unsure.

** If you are unsure or have any questions, please contact your surgeon **

Contact details for both Newtown and Crows Nest ENT Specialist Clinics

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